

# Influenza Weekly Surveillance Report



A REPORT BY THE HEALTH PROTECTION

SURVEILLANCE CENTRE IN COLLABORATION WITH THE IRISH COLLEGE OF GENERAL PRACTITIONERS,  
THE NATIONAL VIRUS REFERENCE LABORATORY & THE DEPARTMENTS OF PUBLIC HEALTH

**Week 45 2008 (3<sup>rd</sup> – 9<sup>th</sup> November 2008)**

## Summary

During week 45 2008, influenza activity was at low levels in Ireland, with 12 influenza-like illness (ILI) cases reported by sentinel GPs. One non-sentinel specimen tested by the NVRL was positive for influenza A during week 45 2008.

## Background

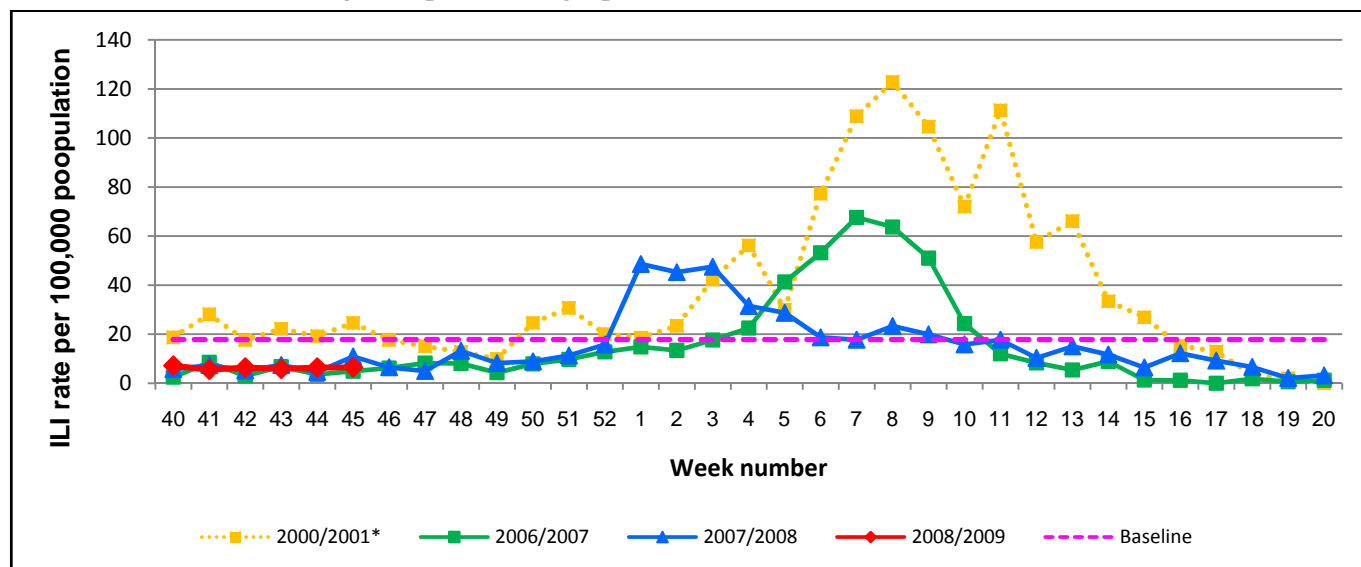
This is the ninth season of influenza surveillance using computerised sentinel general practices in Ireland. The Health Protection Surveillance Centre (HPSC) is working in collaboration with the Irish College of General Practitioners (ICGP), the National Virus Reference Laboratory (NVRL) and the Departments of Public Health on this sentinel surveillance project. Fifty-four sentinel general practices have been recruited to report on the number of patients with ILI on a weekly basis. ILI is defined as the sudden onset of symptoms with a temperature of 38°C or more, with two or more of the following: headache, sore throat, dry cough and myalgia.

Sentinel GPs send a combined nasal and throat swab, to the NVRL, on at least one patient per week where a clinical diagnosis of ILI is made during the influenza season. This report includes data on ILI cases reported by sentinel GPs, influenza test results from the NVRL, influenza notifications, registered deaths attributed to influenza, and regional influenza activity reported by the Departments of Public Health.

## Results

### Clinical Data

Twelve ILI cases were reported from sentinel GPs during week 45 2008, corresponding to an ILI consultation rate of 6.5 per 100,000 population, which remains stable compared to the updated rate of 6.4 per 100,000 population during week 44 2008 (figure 1). This ILI rate is below the baseline threshold and within expected levels. Forty-two of 54 (77.8%) sentinel general practices reported during week 45 2008, with nine reporting ILI cases.

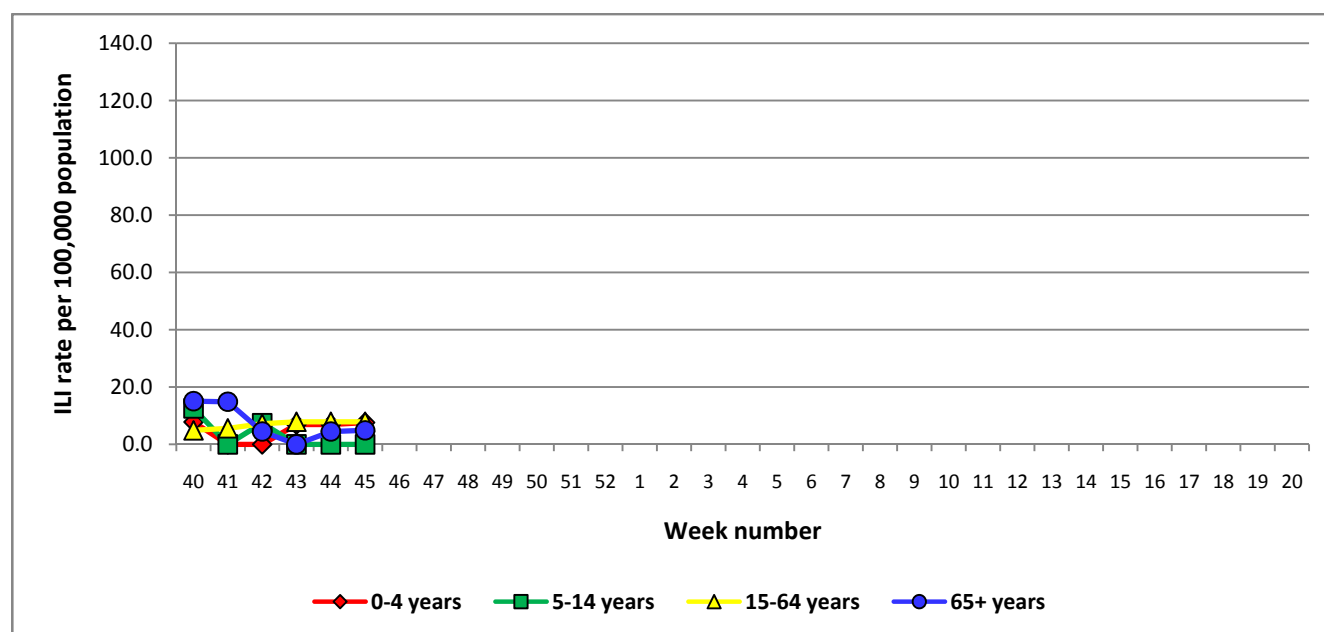


**Figure 1:** Influenza baseline activity threshold and GP consultation rate for ILI per 100,000 population by week, during the 2000/2001\*, 2006/2007, 2007/2008 and 2008/2009 influenza seasons

\*Highest recorded levels of ILI activity since initiation of sentinel surveillance

## Results (continued)

One ILI case was reported in the 0-4 year age group (7.6 per 100,000 population), 10 ILI cases were reported in the 15-64 year age group (7.9 per 100,000 population) and one case was reported in those aged 65 years or older (4.9 per 100,000 population) as shown in figure 2. No ILI cases were reported in the 5-14 year age group.



**Figure 2:** Age specific GP consultation rate\* for ILI per 100,000 population by week during the 2008/2009 influenza season  
\*Please note the denominator used in the age specific consultation rate is from the 2006 census data; this assumes that the age distribution of the sentinel general practices is similar to the national age distribution.

### Virological Data from the NVRL

The NVRL tested two specimens taken by sentinel GPs during week 45 2008, both of which were negative for influenza virus. The NVRL also tested 82 non-sentinel specimens taken during week 45 2008, mainly from hospitalised paediatric cases. One non-sentinel specimen was positive for influenza A virus and 27 were positive for respiratory syncytial virus (RSV) (table 1).

The NVRL has completed genetic characterisation for two influenza viruses so far this season. Both have been characterised as A/Brisbane/10/2007-like virus which is included in the 2008/2009 influenza vaccine.

Influenza positive specimens by HSE area and age group (in years), for week 45 2008 and the 2008/2009 season to date are shown in tables 2 and 3, respectively. Figure 3 compares the ILI consultation rates by season and the number of positive influenza specimens tested by the NVRL. Figure 4 compares the number and percentage of non-sentinel RSV positive specimens detected during the 2007/2008 and 2008/2009 influenza seasons.

**Table 1:** Number of sentinel and non-sentinel\* respiratory specimens and positive results for week 45 2008

Week Number	Specimen Type	Total Specimens	No. Influenza Positive	% Influenza Positive	Influenza A	Influenza B	RSV
45 2008	Sentinel	2	0	0.0	0	0	NA
	Non-Sentinel	82	1	1.2	1	0	27
	<b>Total</b>	<b>84</b>	<b>1</b>	<b>1.2</b>	<b>1</b>	<b>0</b>	<b>27</b>
40-45 2008	Sentinel	19	3	15.8	3	0	NA
	Non-Sentinel	368	2	0.5	2	0	71
	<b>Total</b>	<b>387</b>	<b>5</b>	<b>1.3</b>	<b>5</b>	<b>0</b>	<b>71</b>

**Table 2:** Total number of sentinel and non-sentinel\* influenza A and B positive specimens by HSE area for week 45 2008 and the 2008/2009 season to date

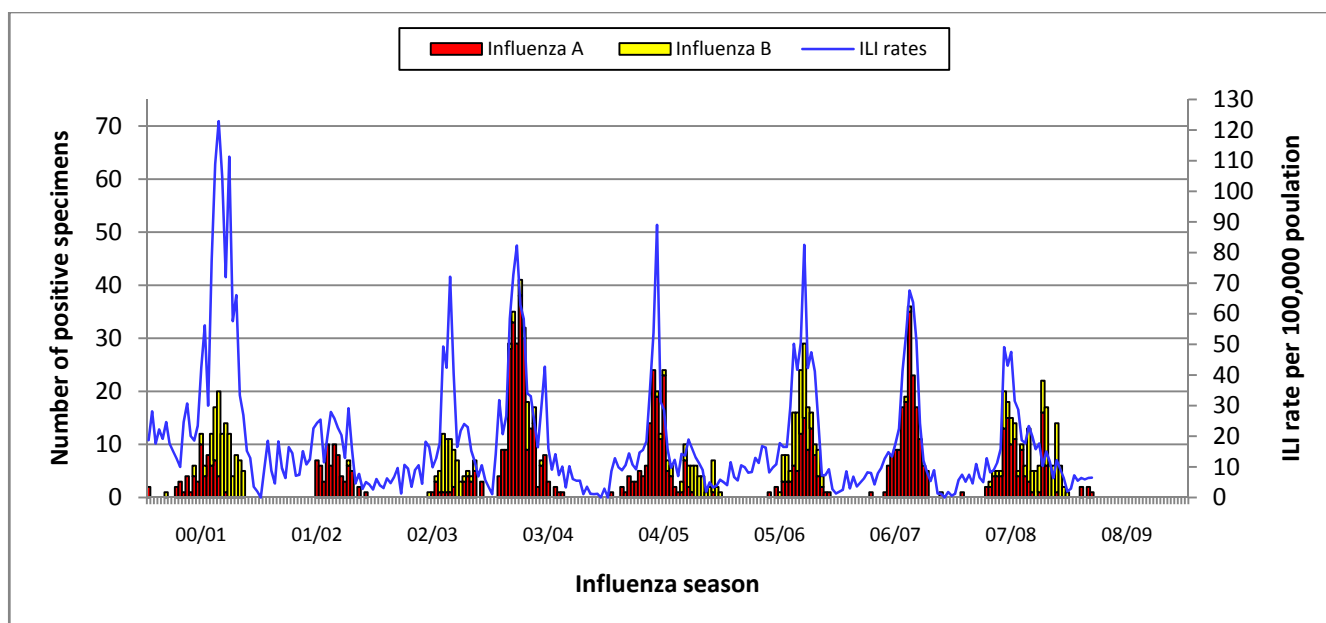
	Week 45 2008			Season to date		
	Flu A	Flu B	Total	Flu A	Flu B	Total
HSE-ER	1	0	1	1	0	1
HSE-M	0	0	0	1	0	1
HSE-MW	0	0	0	0	0	0
HSE-NE	0	0	0	2	0	2
HSE-NW	0	0	0	0	0	0
HSE-SE	0	0	0	0	0	0
HSE-S	0	0	0	1	0	1
HSE-W	0	0	0	0	0	0
<b>Total</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>5</b>	<b>0</b>	<b>5</b>

\* Please note that non-sentinel specimens include all specimens referred to the NVRL, these specimens are mainly from hospitals and some GPs and may include more than one specimen from each case

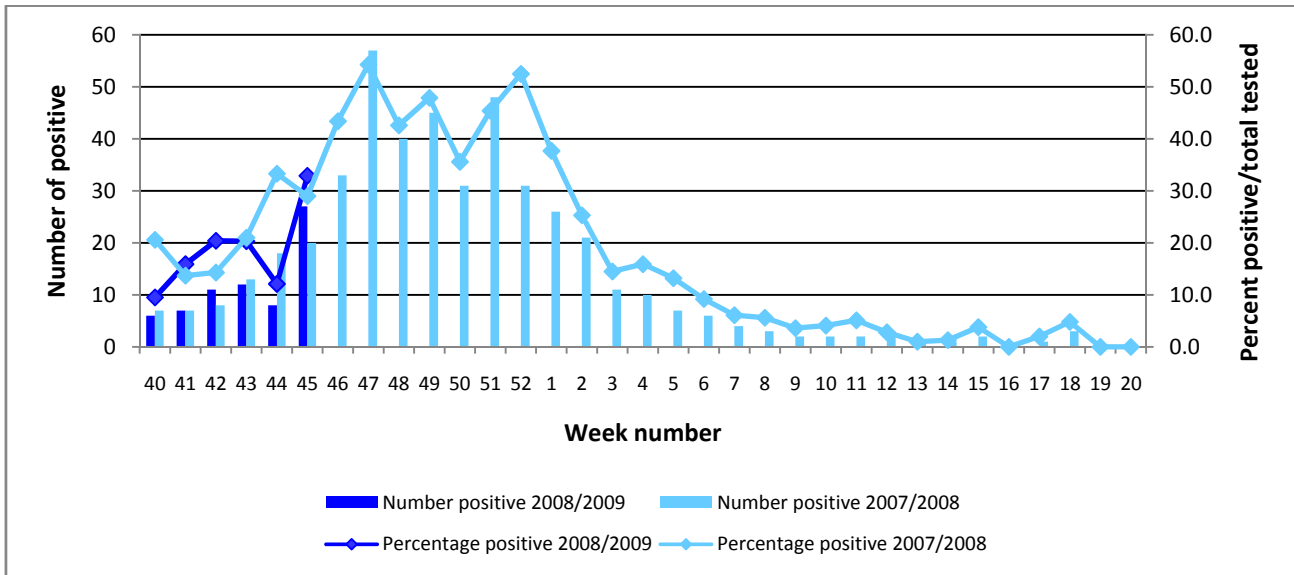
**Table 3:** Total number of sentinel and non-sentinel\* influenza A and B positive specimens by age group (in years) for week 45 2008 and the 2008/2009 season to date

	Week 45 2008			Season to date		
	Flu A	Flu B	Total	Flu A	Flu B	Total
<b>0-4 years</b>	1	0	1	1	0	1
<b>5-14 years</b>	0	0	0	1	0	1
<b>15-64 years</b>	0	0	0	3	0	3
<b>65 years and older</b>	0	0	0	0	0	0
<b>Age group unknown</b>	0	0	0	0	0	0
<b>Total</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>5</b>	<b>0</b>	<b>5</b>

\*Please note that non-sentinel specimens include all specimens referred to the NVRL, these specimens are mainly from hospitals and some GPs and may include more than one specimen from each case



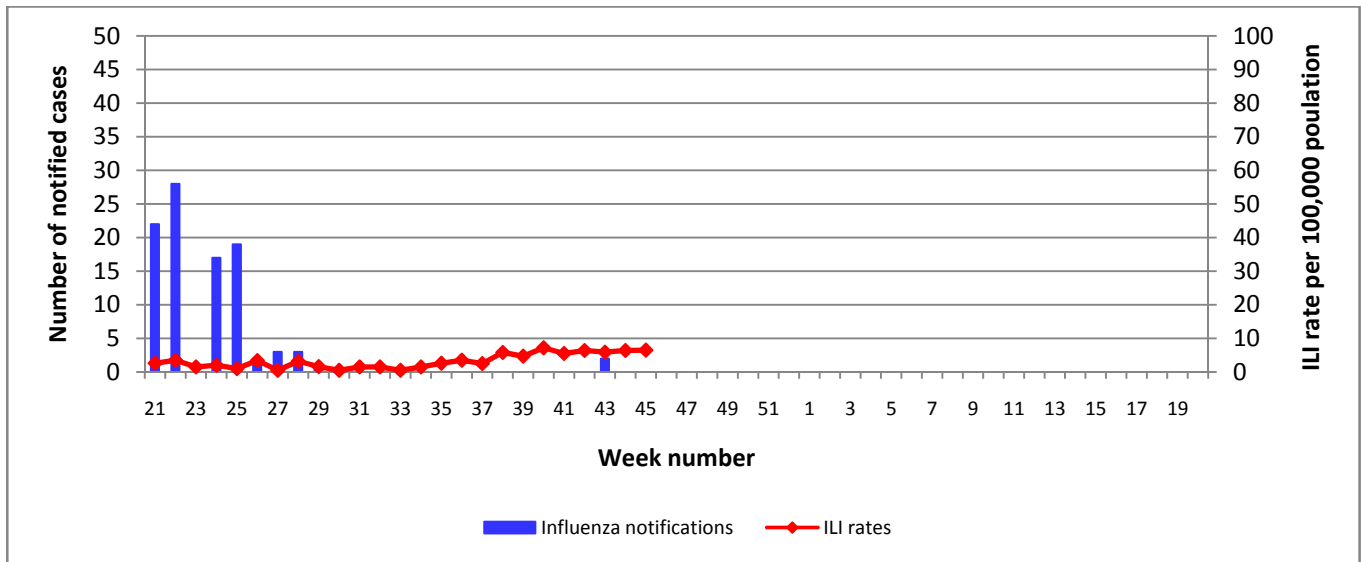
**Figure 3:** GP ILI consultation rate per 100,000 population and the number of positive influenza specimens detected by the NVRL by week and season, 2000/2001 - 2008/2009



**Figure 4.** Number and percentage of non-sentinel RSV positive specimens detected during the 2007/2008 and 2008/2009 influenza seasons

**Weekly Influenza Notifications**

No influenza cases were notified to HPSC during week 45 2008. It should be noted that 87 influenza (type unspecified) cases notified to HPSC during the 2008 summer season (weeks 21-39 2008) were possible cases (i.e. clinical cases with no laboratory confirmation). These were late GP notifications from HSE-E for 2007. Influenza cases notified to HPSC during the summer of 2008 and during the 2008/2009 influenza season are shown in figure 5 and compared to GP ILI consultation rates.



**Figure 5:** Number of notifications\* of influenza by week of notification compared to sentinel GP ILI consultation rates per 100,000 population during the summer of 2008 and the 2008/2009 influenza season

\*Notification data are provisional and were extracted from [CIDR](#) on the 11/11/2008 at 10.57

**Baseline thresholds**

A baseline threshold of 17.8 cases per 100,000 population will be used alongside expert opinion to assess influenza activity during the 2008/2009 influenza season in Ireland. This baseline was derived from the EISS method using a mathematical algorithm to identify the influenza activity period of the previous eight seasons.

### ***Mortality Data***

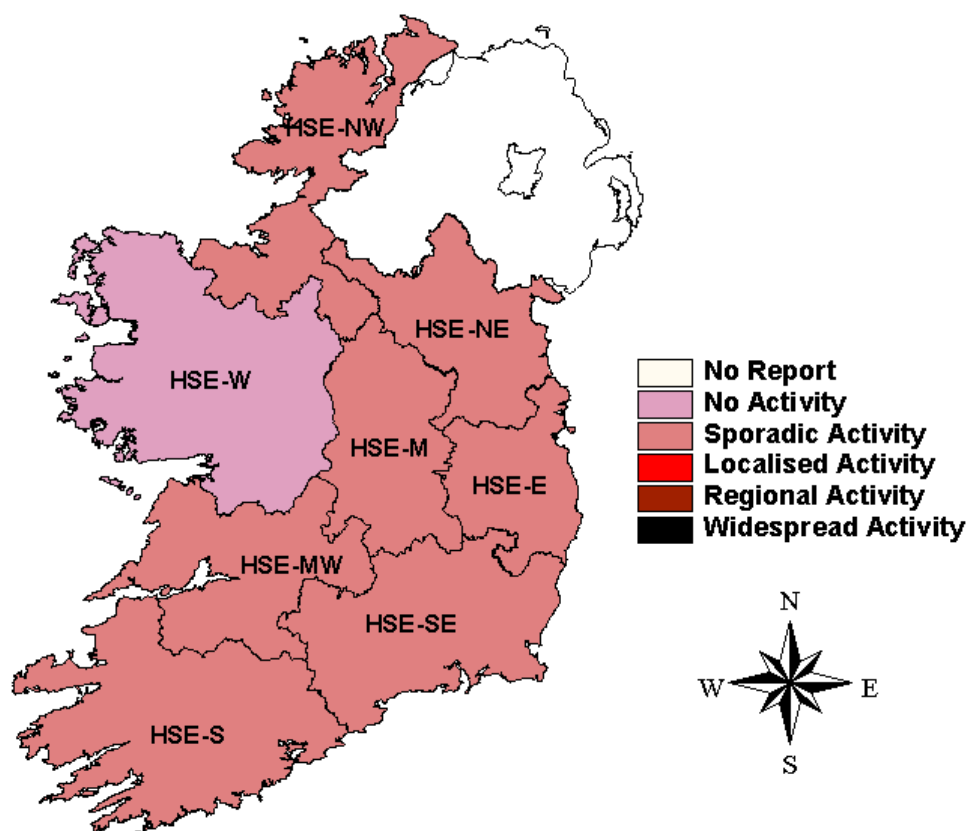
No influenza associated deaths registered with the GRO were reported to HPSC during week 45 2008.

### ***Outbreak Reports***

No ILI/influenza outbreaks were reported to HPSC during week 45 2008.

### ***Regional Influenza Activity by HSE-Area***

Influenza activity is reported on a weekly basis from the Departments of Public Health. Influenza activity is based on sentinel GP ILI consultation rates, laboratory confirmed influenza cases and ILI/influenza outbreaks. Each Department of Public Health has established one sentinel hospital in each HSE-Area, to report total hospital admissions, accident and emergency admissions and respiratory admissions data on a weekly basis. Sentinel primary and secondary schools were also established in each HSE-Area in close proximity to the sentinel GPs, reporting absenteeism data on a weekly basis. During week 44 2008, no increases in absenteeism were reported from sentinel schools. An increase in respiratory admissions was reported by a sentinel hospital in HSE E. During week 44 2008 sporadic influenza activity (based on isolated cases of ILI and virological results) was reported in seven HSE-areas: HSE-ER, -M, -MW, -NE, -NW, -S and -SE (figure 6).



**Figure 6:** Map of influenza activity by HSE-Health Area during week 44 2008

### ***Influenza Activity in Northern Ireland***

During week 45 2008, 36 ILI cases and five clinical influenza cases were reported in Northern Ireland, corresponding to a rate of 27.9 per 100,000 population, an increase compared to the updated rate of 18.3 per 100,000 during week 44 2008. One sentinel specimen and 49 non-sentinel specimens were tested for influenza during week 45 2008, one of which was positive for influenza B. This is the first influenza B detected in Northern Ireland during 2008/2009 influenza season. <http://www.cdscni.org.uk>

### ***Influenza Activity in England, Scotland & Wales***

Influenza activity remained stable at low levels across all the countries of the UK during week 45 2008. In England, the overall ILI incidence rate remained low at 9.6 per 100,000 in week 45 2008, an increase from 6.6 per 100,000 in week 44 2008 but below the baseline activity threshold of 30 per 100,000 population. In Wales, the GP consultation rates for influenza was 3.0 per 100,000 population in week 45 2008, an increase from the rate of 0.4 per 100,000 in week 44 2008 but still well below the baseline threshold of 25 consultations per 100,000 population. In Scotland, GP consultation rates were at 11.0 per 100,000 population during week 45 2008, a decrease from the rate of 12.0 per 100,000 population during week 44 2008. Activity remains below the Scottish baseline threshold of 50 consultations per 100,000 population.

During week 45 2008, 16 influenza A and one influenza B were detected by NHS and HPA laboratories. Ten samples referred to the Centre for Infections' Respiratory Virus Unit (RVU) tested positive for influenza during week 45 2008, three were A(H1) and seven were A(H3). Neuraminidase inhibitor susceptibility testing on 10 out of 27 A(H3) isolates since week 36 2008 showed that all of them are sensitive to oseltamivir and zanamivir, but resistant to amantadine. In the same time period, 10 influenza A(H1) isolates have been received and tested of which nine are resistant to oseltamivir but sensitive to zanamivir. Eight of the resistant viruses were tested for susceptibility to amantadine and are sensitive. Three influenza B isolates have been received and tested and all are sensitive to oseltamivir and zanamivir.

[http://www.hpa.org.uk/infections/topics%5Faz/influenza/seasonal/activity0809/weekly\\_summary.htm](http://www.hpa.org.uk/infections/topics%5Faz/influenza/seasonal/activity0809/weekly_summary.htm)

### ***Influenza Activity in Europe***

Influenza surveillance data for Europe can be accessed at the following link:

<http://www.eiss.org/index.cgi>

### ***Influenza Activity in Canada***

Influenza surveillance data for Canada can be accessed at the following link:

<http://www.phac-aspc.gc.ca/fluwatch/index.html>

### ***Influenza Activity in the United States***

Influenza surveillance data for the United States can be accessed at the following link:

<http://www.cdc.gov/flu/weekly/fluactivity.htm>

### ***Influenza Activity Worldwide***

Global Influenza surveillance data can be accessed at the following link:

<http://gamapserver.who.int/GlobalAtlas/home.asp>

### ***Avian Influenza***

As of the 11<sup>th</sup> November 2008, 387 confirmed human cases and 245 (63.3%) deaths from avian influenza A (H5N1) have been reported to the WHO from Azerbaijan, Bangladesh, Cambodia, China, Djibouti, Egypt, Indonesia, Iraq, Lao Peoples Democratic Republic, Myanmar, Nigeria, Pakistan, Thailand, Turkey and Viet Nam.

Further information on avian influenza is available on the following websites:

WHO [http://www.who.int/csr/disease/avian\\_influenza/en/](http://www.who.int/csr/disease/avian_influenza/en/)

HPSC <http://www.ndsc.ie/hpsc/A-Z/Respiratory/AvianInfluenza/>

ECDC <http://www.ecdc.eu.int/>

### ***Northern Hemisphere Influenza Vaccine for the 2008/2009 Season***

The members of the WHO Collaborating Centres on Influenza have recommended that influenza vaccines for the 2008/2009 influenza season in the Northern Hemisphere contain the following strains:

- an A/Brisbane/59/2007 (H1N1)-like virus;
- an A/Brisbane/10/2007 (H3N2)-like virus;\*
- a B/Florida/4/2006-like virus.#

\* A/Brisbane/10/2007 is a current southern hemisphere vaccine virus.

# B/Florida/4/2006 and B/Brisbane/3/2007 (a B/Florida/4/2006-like virus) are current southern hemisphere vaccine viruses. [http://www.who.int/csr/disease/influenza/recommendations2008\\_9north/en/index.html](http://www.who.int/csr/disease/influenza/recommendations2008_9north/en/index.html)

**Further information on influenza can be found on the [HPSC website](#)**

### **Acknowledgements**

HPSC, ICGP and NVRL wish to thank the sentinel GPs who have participated in the GP sentinel surveillance system and who have contributed towards this report

**This report was produced by Sarah Jackson and Dr. Joan O'Donnell, HPSC**