

Influenza Surveillance in Ireland – Weekly Report

Influenza Week 49 2020 (30th November – 6th December 2020)



 **Intensive Care Society of Ireland**

Summary

There was no evidence of influenza viruses circulating in the community in Ireland during week 49 2020 (week ending 06/12/2020) or during weeks 40-49 2020. Rhinovirus and enterovirus positive detections continue to be reported in December 2020. COVID-19 epidemiology reports are published on www.hpsc.ie.

- **Influenza-like illness (ILI):** The sentinel GP influenza-like illness (ILI) consultation rate was 24.8 per 100,000 population in week 49 2020, compared to the updated rate of 21.1 per 100,000 during week 48 2020.
 - The sentinel GP ILI consultation rate is slightly above the Irish baseline threshold (18.1/100,000 population) for the past three weeks.
 - Current ILI consultations are reflecting SARS-CoV-2 activity, rather than influenza.
 - The sentinel GP ILI age specific consultation rates increased slightly in all age groups except 0-4-year olds in week 49 2020, compared to previous weeks.
- **GP Out of Hours:** The proportion of self-reported cough calls to GP Out-of-Hours services remained high in all age groups during week 49 2020.
- **National Virus Reference Laboratory (NVRL):**
 - Sentinel GP virological testing commenced during week 47 2020, between weeks 47-49 2020, 109 sentinel GP ILI specimens were tested for influenza and RSV and there were no positive detections.
 - Of 1217 non-sentinel specimens tested by the NVRL between weeks 40-49 2020, no confirmed influenza or RSV positive detections were reported.
 - Rhinovirus/enterovirus positive detections increased in September and continued to be detected in December 2020. Sporadic detections of adenovirus, human metapneumovirus and bocavirus were reported during weeks 40-49 2020.
- **Influenza notifications:** No confirmed influenza cases were notified during weeks 40-49 2020.
- **RSV notifications:** No confirmed RSV cases were notified during week 49 2020. Only one confirmed RSV case was notified this season to date, a hospitalised paediatric case during week 42 2020.
- **Hospitalisations and Critical care admissions:** No confirmed influenza hospitalised or critical care cases were notified to HPSC during weeks 40-49 2020.
- **Mortality:** There were no reports of deaths occurring in notified influenza cases during weeks 40-49 2020. There have been no excess all-cause deaths reported in Ireland since May 2020.
- **Outbreaks:** No influenza, RSV or acute respiratory infection (ARI - excluding COVID-19) outbreaks were reported to HPSC during weeks 40-49 2020.
- **Influenza Vaccinations:** From the 1st September 2020 to the week ending 06/12/2020, 1,127,236 influenza vaccinations were provided by GPs and Pharmacists.
- **International:** the temperate zone of the northern hemisphere, influenza activity remained below inter-seasonal levels, though sporadic detections of influenza A and B viruses were reported in some countries.

1. GP sentinel surveillance system - Clinical Data

- During week 49 2020, 65 influenza-like illness (ILI) cases were reported from the Irish sentinel GP network, corresponding to an ILI consultation rate of 24.8 per 100,000 population, compared to the updated rate of 21.1 per 100,000 reported during week 48 2020 (Figure 1). On the 09/03/2020, GP ILI consultations changed from face-to-face consultations to phone consultations.
- The sentinel GP ILI consultation rate has now been above the Irish baseline threshold (18.1/100,000 population) for three consecutive weeks. This reflects circulation of SARS-CoV-2 in the community, rather than influenza viruses.
- Sentinel GP ILI age specific consultation rates increased in all age groups during week 49 2020, with the exception of the 0-4-year-old age group which decreased, to 11.0/100,000 from 26.2/100,000 in week 48 2020. Sentinel GP ILI consultation rates were highest in those aged 5-14 years (35.0/100,000), followed by the 15-64 year age group (24.5/100,000) and those aged ≥65 years (22.8/100,000) during week 49 2020 (Figure 2 & Table 1).
- HPSC in consultation with the European Centre for Disease Prevention and Control (ECDC) has reviewed the Irish sentinel GP baseline ILI threshold for the 2020/2021 influenza season, which will remain at 18.1 per 100,000 population. ILI rates above this baseline threshold combined with sentinel GP influenza positivity >10% indicates the likelihood that influenza is circulating in the community. The Moving Epidemic Method (MEM) is used to calculate thresholds for GP ILI consultations using a standardised approach across Europe. The baseline ILI threshold (18.1/100,000 population), medium (57.5/100,000 population) and high (86.5/100,000 population) intensity ILI thresholds are shown in figure 1. Age specific MEM threshold levels are shown in Table 1.

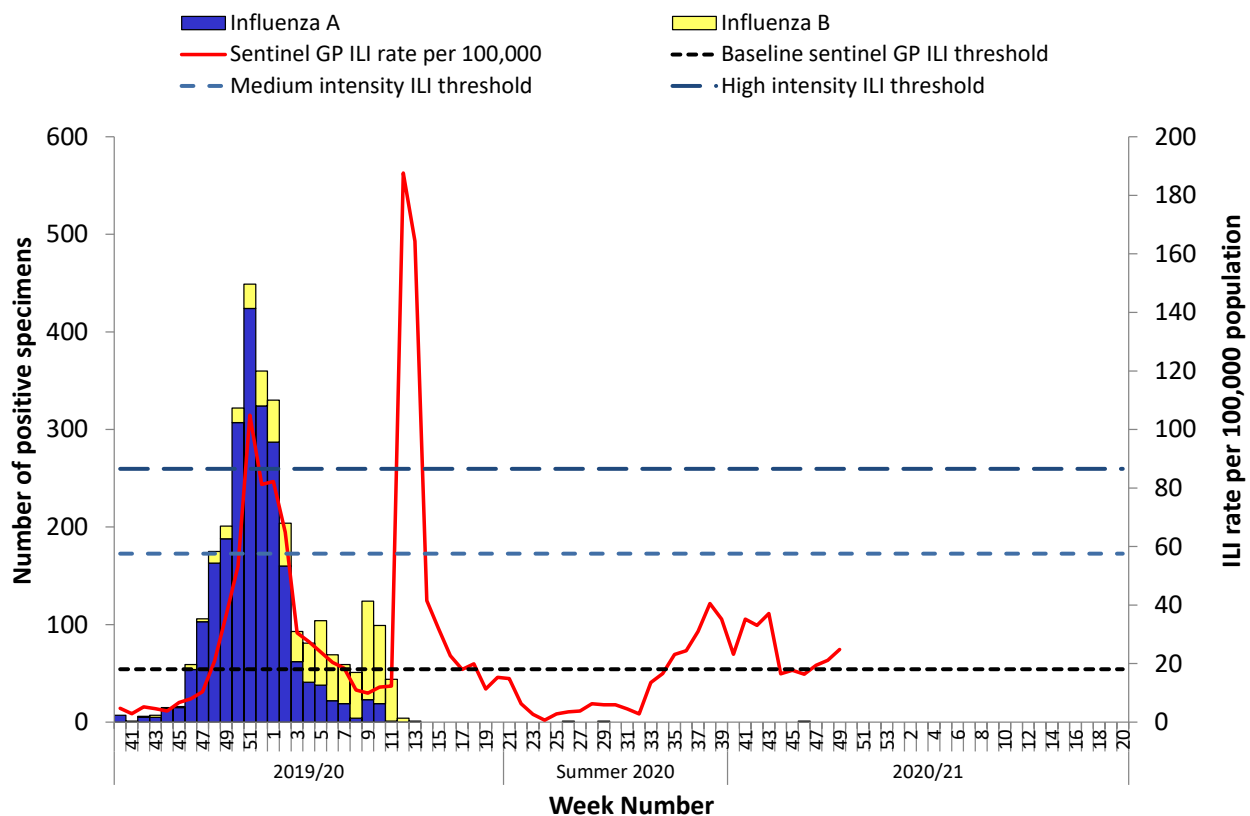


Figure 1: Sentinel GP Influenza-like illness (ILI) consultation rates per 100,000 population, baseline ILI threshold, medium and high intensity ILI thresholds and number of positive influenza A and B specimens tested by the NVRL, by influenza week and season. *Source: ICGP and NVRL*

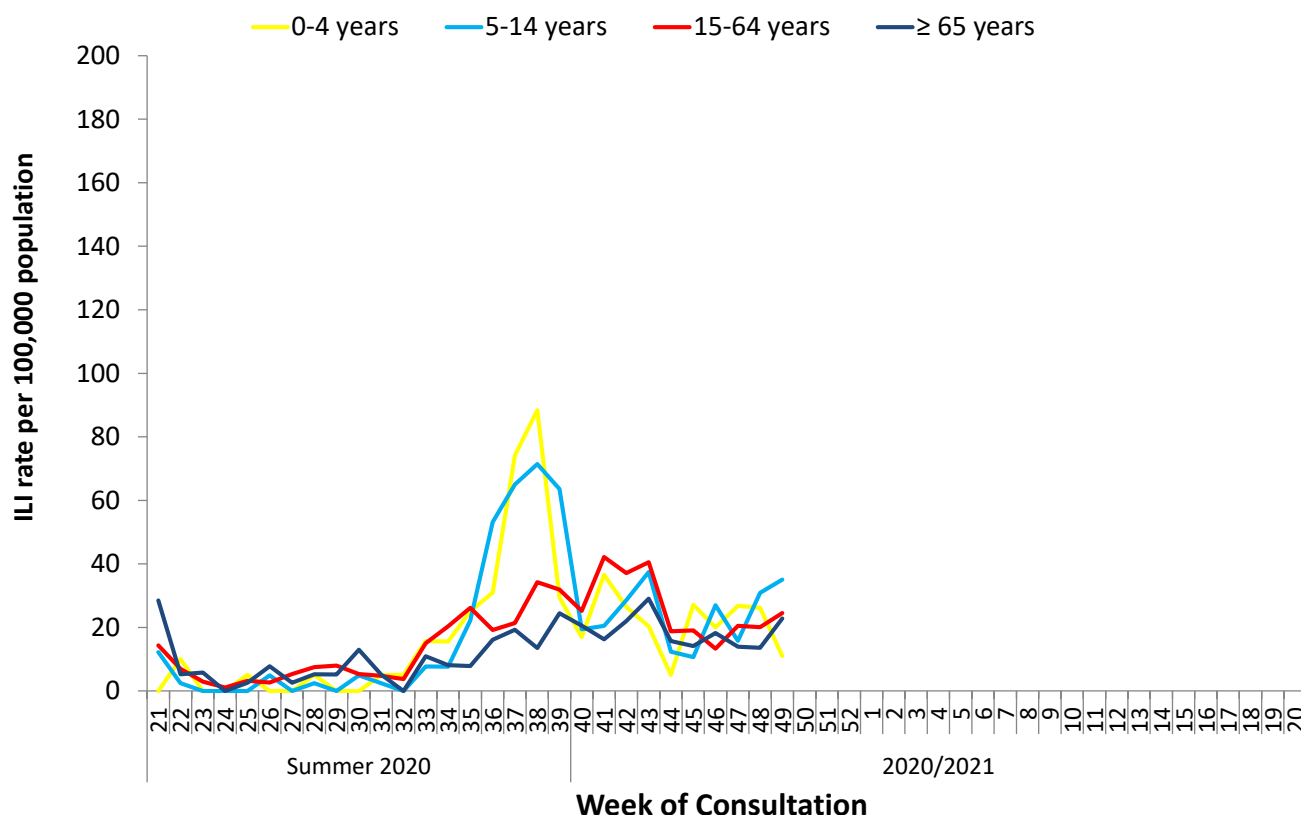


Figure 2: Age specific sentinel GP ILI consultation rate per 100,000 population by week of phone consultation during the summer of 2020 and the 2020/2021 influenza season to date. *Source: ICGP.*

Sentinel GP ILI Threshold Levels	Below Baseline	Low	Moderate	High	Extraordinary
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Sentinel GP ILI consultation/100,000 pop.	Week of consultation									
	40	41	42	43	44	45	46	47	48	49
All Ages	23.2	35.2	33.1	37.1	16.5	17.7	16.4	19.4	21.1	24.8
<15 yrs	18.6	25.8	27.8	31.8	10.0	16.1	24.7	19.4	29.3	27.1
15-64 yrs	25.2	42.2	37.1	40.5	18.8	19.0	13.3	20.5	20.1	24.5
≥65 yrs	20.5	16.3	22.0	29.1	15.7	14.1	18.2	13.9	13.6	22.8
Number of reporting practices (N=58)	51	55	55	56	57	54	58	55	55	55

Table 1: Age specific sentinel GP ILI consultation rate per 100,000 population by week (weeks 40-49 2020), colour coded by sentinel GP ILI age specific Moving Epidemic Method (MEM) threshold levels. *Source: ICGP.*

2. Influenza and Other Respiratory Virus Detections - NVRL

The data reported in this section for the 2020/2021 influenza season refer to sentinel GP and non-sentinel respiratory specimens routinely tested for influenza, respiratory syncytial virus (RSV), adenovirus, parainfluenza virus types 1-4 (PIV-1-4), human metapneumovirus (hMPV) and rhino/enteroviruses by the National Virus Reference Laboratory (NVRL) (tables 2 & 3 and figure 3).

- Of 1217 non-sentinel specimens tested by the NVRL during weeks 40-49 2020, no positive influenza or RSV detections were reported (Table 2).
- The COVID-19 pandemic caused disruption to sentinel GP influenza networks across the globe. In Ireland, virological surveillance for influenza and respiratory syncytial virus (RSV) within the GP sentinel network recommenced in week 47. Forty- six ILI specimens were tested during week 49 and there were no positive detections of flu or RSV in sentinel GP specimens. To date 109 GP ILI specimens were tested for influenza and RSV and there have been no positive detections.
- Rhinovirus/enterovirus positive detections increased in September and continued to be detected throughout October, November and December 2020 (Figure 3). Sporadic detections of adenovirus, human metapneumovirus and bocavirus were reported during weeks 40-49 2020 (Table 3).

Table 2: Number of sentinel GP ILI referrals and non-sentinel* respiratory specimens tested by the NVRL for influenza and RSV and positive results, for week 49 2020 and the 2020/2021 season to date. *Source: NVRL*

Week	Specimen type	Total tested	Influenza		RSV	
			Number positive	% positive	Number positive	% positive
49 2020	Sentinel GP ILI referral	46	0	0.0	0	0.0
	Non-sentinel	109	0	0.0	0	0.0
	Total	155	0	0.0	0	0.0
2020/2021	Sentinel GP ILI referral	109	0	0.0	0	0.0
	Non-sentinel	1217	0	0.0	0	0.0
	Total	1326	0	0.0	0	0.0

Table 3: Number of non-sentinel respiratory specimens tested by the NVRL for other respiratory viruses (excluding SARS-COV-2) and positive results, for week 49 2020 and the 2020/21 season to date. *Source: NVRL*

Week	Total tested	Adenovirus	% Adenovirus	Rhino/enterovirus	% Rhino/enterovirus	Bocavirus	% Bocavirus	hMPV	% hMPV
49 2020	109	3	2.8	19	17.4	0	0.0	1	0.9
2020/2021	1217	54	4.4	265	21.8	2	0.2	6	0.5

* Please note that non-sentinel specimens relate to specimens referred to the NVRL (other than sentinel specimens) and may include more than one specimen from each case.

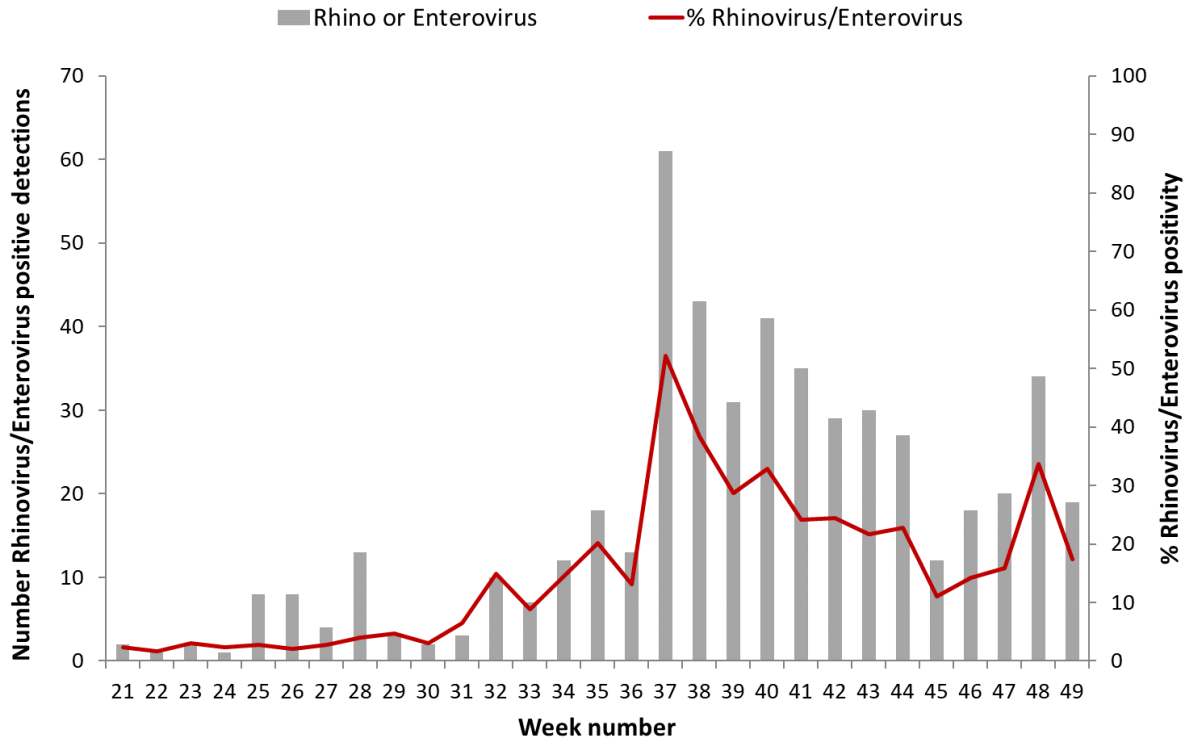


Figure 3: Number and percentage of non-sentinel Rhinovirus/Enterovirus positive specimens detected by the NVRL during the 2020/2021 season. *Source: NVRL.*

3. Regional Influenza Activity by HSE-Area

Regional influenza activity levels will be based on laboratory confirmed influenza cases and/or outbreaks.

No confirmed influenza cases or outbreaks were notified in Ireland during weeks 40-49 2020. Geographic spread of influenza viruses is based on laboratory confirmed influenza case/outbreak data. **No confirmed influenza activity was reported for any HSE-Area during this period.**

4. GP Out-Of-Hours services surveillance

The Department of Public Health in HSE-NE is collating national data on calls to nine of thirteen GP Out-of-Hours services in Ireland. Records with clinical symptoms self-reported as flu/influenza or cough are extracted for analysis. This information may act as an early indicator of circulation of influenza, SARS-CoV-2 or other respiratory viruses. Data are self-reported by callers and are not based on coded diagnoses.

The proportion of influenza/ILI self-reported calls to GP Out-of-Hours services was below baseline levels during week 49 2020 at 0.8% (80/9311) and remains stable in comparison to previous weeks. Increases in the proportion of influenza/ILI self-reported calls to GP Out-of-Hours services occurred throughout September; this increase is usually observed each September when schools return from the summer break (Figure 4).

During week 49 2020, the proportion of self-reported cough calls to GP Out-of-Hours remained high at 31.3% (2918/9311) compared to 30.7% in week 48 2020, (Figure 5). Data are continuously updated as more retrospective GP OOHs data are reported.

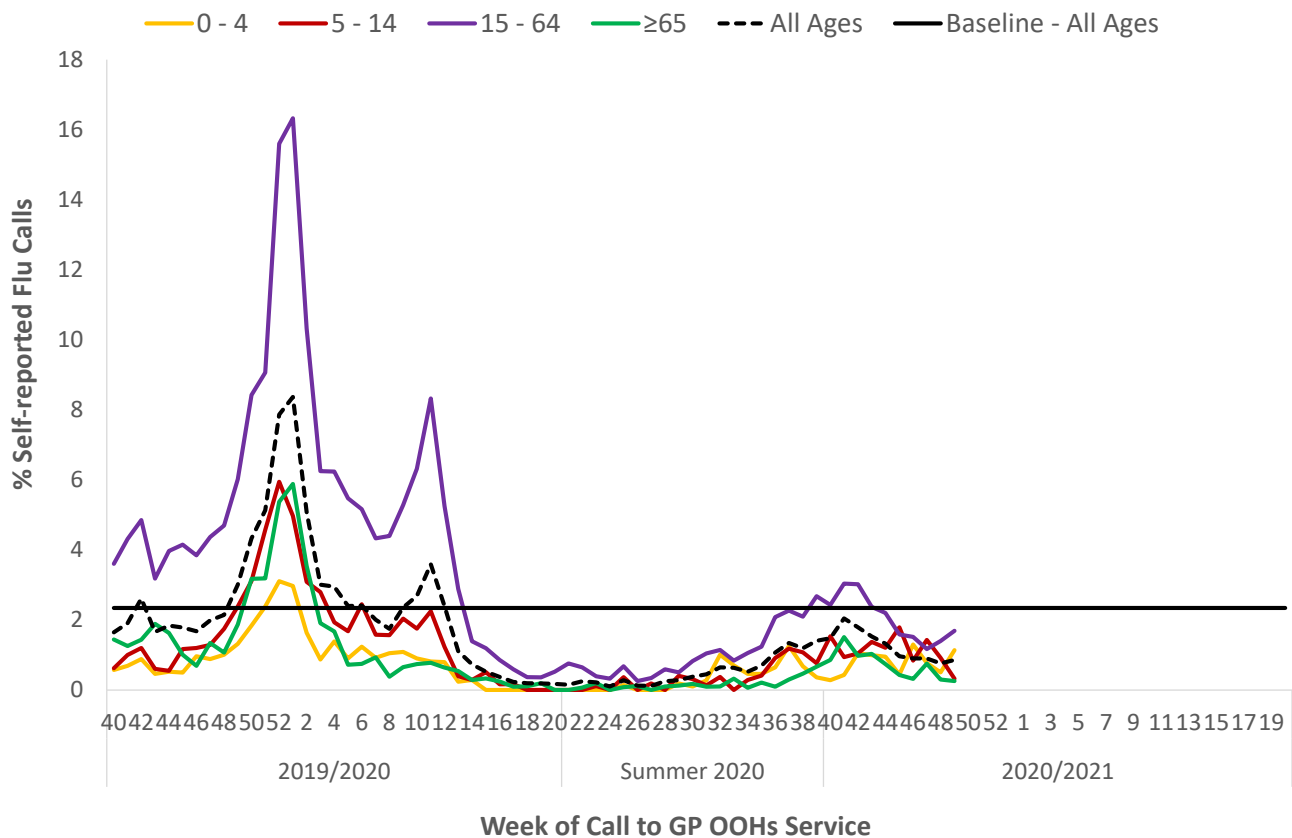


Figure 4: Percentage of self-reported Influenza/ILI calls for all ages and by age group as a proportion of total calls to Out-of-Hours GP Co-ops by week and season. The % Influenza/ILI calls baseline for all ages calculated using the MEM method on historic data is shown. *Source: GP Out-Of-Hours services in Ireland (collated by HSE-NE) & ICGP.*

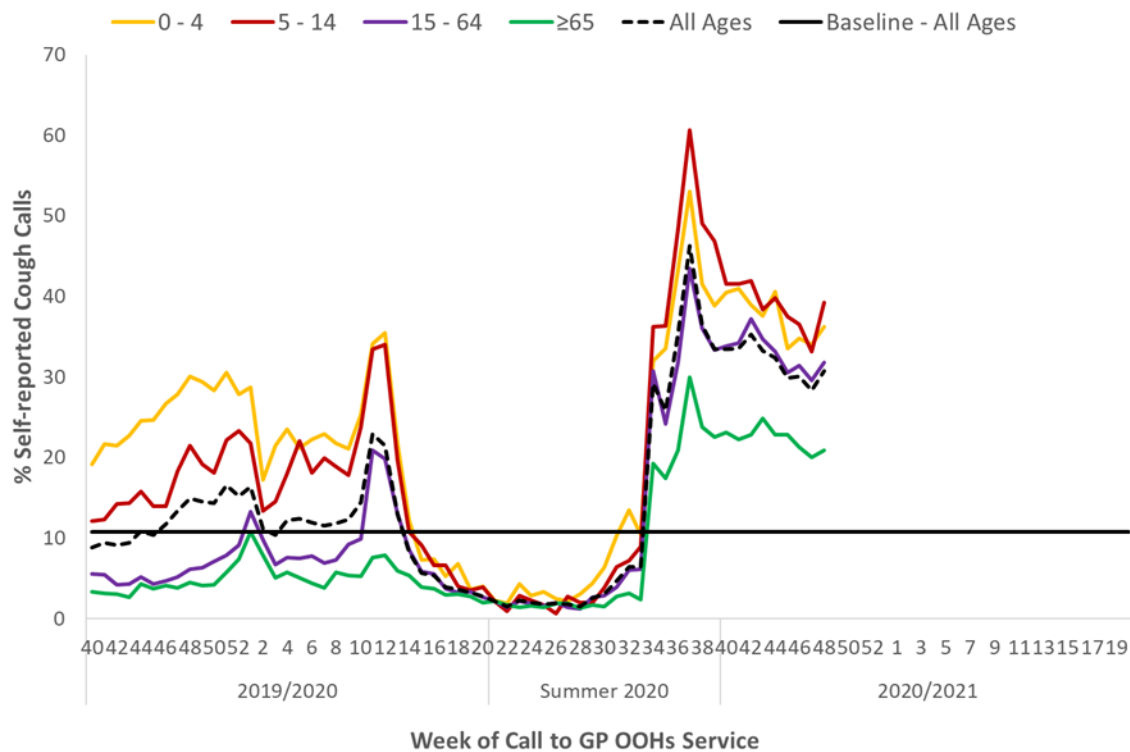


Figure 5: Percentage of self-reported COUGH calls for all ages and by age group as a proportion of total calls to Out-of-Hours GP Co-ops by week and season. The % cough calls baseline for all ages calculated using the MEM method on historic data is shown. *Source: GP Out-Of-Hours services in Ireland (collated by HSE-NE) & ICGP.*

5. Influenza & RSV notifications

Influenza and RSV cases notifications are reported on Ireland’s Computerised Infectious Disease Reporting System (CIDR), including all positive influenza /RSV specimens reported from all laboratories testing for influenza/RSV and reporting to CIDR.

Influenza and RSV notifications are reported in the [Weekly Infectious Disease Report for Ireland](#). No confirmed influenza notifications were reported during weeks 40-49 2020. No confirmed RSV cases were notified during week 49 2020. Only one confirmed RSV case was notified during the 2020/2021 season to date, a hospitalised paediatric case notified during week 42 2020.

6. Influenza Hospitalisations

No confirmed influenza hospitalised cases were notified to HPSC during weeks 40-49 2020.

7. Critical Care Surveillance

The Intensive Care Society of Ireland (ICSI) and the HSE Critical Care Programme are continuing with the enhanced surveillance system set up during the 2009 pandemic, on all critical care patients with confirmed influenza. HPSC processes and reports on this information on behalf of the regional Directors of Public Health/Medical Officers of Health.

No confirmed influenza cases were admitted to critical care units and reported to HPSC during weeks 40-49 2020.

8. Sentinel Hospital Network – Respiratory Admissions

The Departments of Public Health have established a network of eight sentinel hospitals located around the country, to report data on total, emergency and respiratory admissions on a weekly basis.

Respiratory admissions reported from the sentinel hospital network have remained relatively stable during weeks 40-49 2020 with a median of 195 respiratory admissions per week reported during this period. The number of reported admissions was 105 in week 49 2020. The COVID-19 pandemic has caused disruption to reporting from the sentinel hospital network, with only four of the eight hospitals reporting in week 49 2020. During week 48 2020 five of the eight sentinel hospitals reported an updated figure of 180 respiratory admissions (Figure 6). During previous week's 40-47 2020, the same five hospitals made returns.

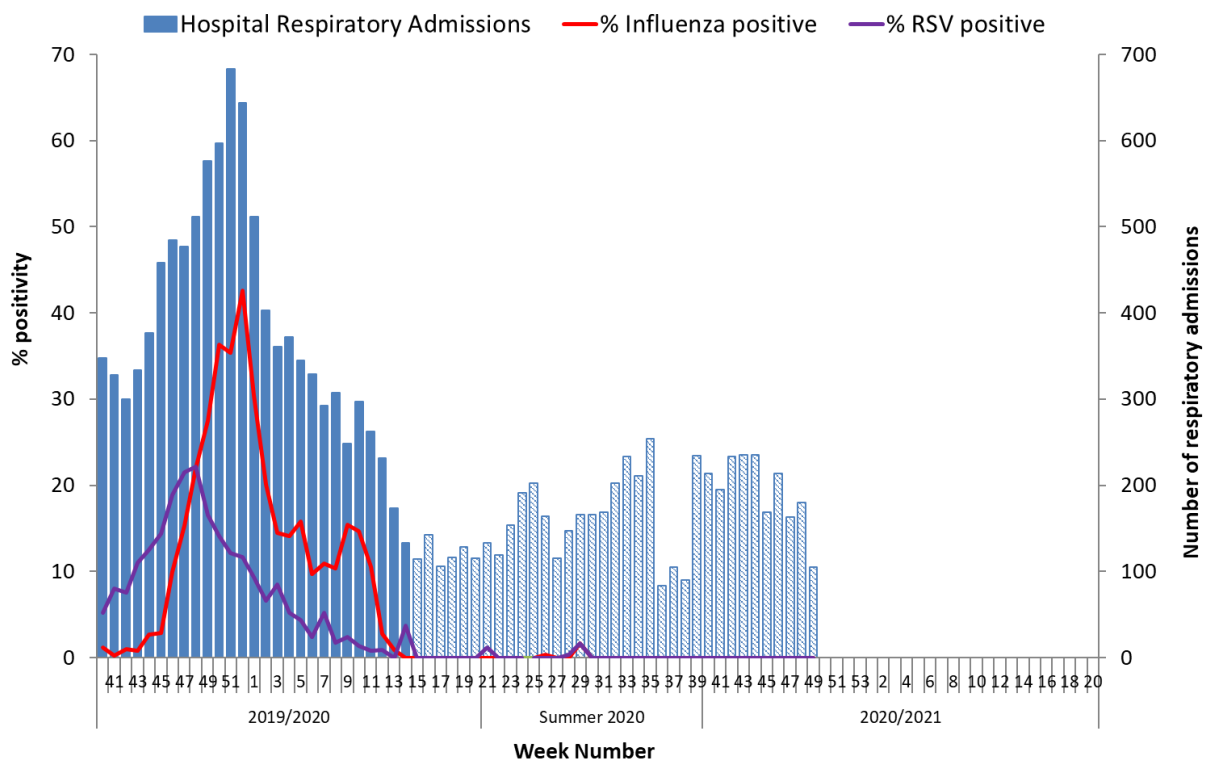


Figure 6: Number of respiratory admissions reported from the sentinel hospital network and % positivity for influenza and RSV (reported by the NVRL) by week and season. *Source: Departments of Public Health - Sentinel Hospital Network & NVRL. Weeks with missing sentinel hospital data are represented by the hatched bar.*

9. Mortality Surveillance

Influenza-associated deaths include all deaths where influenza is reported as the primary/main cause of death by the physician or if influenza is listed anywhere on the death certificate as the cause of death. HPSC receives daily mortality data from the General Register Office (GRO) on all deaths from all causes registered in Ireland. These data have been used to monitor excess all-cause and influenza and pneumonia deaths as part of the influenza surveillance system and the European Mortality Monitoring Project. These data are provisional due to the time delay in deaths' registration in Ireland. <http://www.euromomo.eu/>

- There were no reports of any deaths occurring in notified influenza cases occurring during weeks 40-49 2020.
- During week 49 2020, no excess all-cause mortality was reported in Ireland after correcting GRO data for reporting delays with the standardised EuroMOMO algorithm. There have been no excess all-cause deaths reported in Ireland since May 2020.

10. Outbreak Surveillance

COVID-19 outbreaks are not included in this report; surveillance data on COVID-19 outbreaks are detailed on the HPSC website. <https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/casesinireland/> No influenza, RSV or acute respiratory infection (ARI - excluding COVID-19) outbreaks were notified to HPSC during weeks 40-49 2020.

11. Influenza Vaccinations

From the 1st September 2020 up to the week ending 06/12/2020, the total number of influenza vaccinations provided by GPs and Pharmacists was 1,127,236.

12. International Summary

Since the start of the COVID-19 pandemic, influenza activity globally has remained at low levels. The World Health Organization (WHO) has advised that current influenza surveillance data should be interpreted with caution as the ongoing COVID-19 pandemic has influenced health seeking behaviours, surveillance and reporting in sentinel sites, as well as testing priorities and capacities in Member States. The various hygiene and physical distancing measures implemented by Member States to reduce SARS-CoV-2 virus transmission have likely played a role in reducing influenza virus transmission.

As of 7th December 2020, WHO reported that despite continued or even increased testing for influenza in some countries, influenza activity remained at lower levels than expected for this time of the year. In the temperate zones of the northern and southern hemisphere, influenza activity remained below inter-seasonal levels. In the Caribbean and Central American countries, sporadic influenza B detections were reported in some reporting countries. In recent weeks In Southern Asia, influenza activity was reported in Afghanistan and India. In South East Asia, influenza detections of predominately influenza A(H3N2) continued to be reported in Cambodia, Lao People's Democratic Republic (PDR) and Thailand. Worldwide, influenza A and B viruses were detected in similar proportions.

In the European region, influenza activity remained at inter-seasonal levels. For week 48 2020, of 804 sentinel specimens tested for influenza viruses, four were positive. Since the start of the season, of 6832 sentinel-source specimens that have been tested for influenza viruses, five were positive: 2 type A and 3 type B viruses. Since the beginning of the season, 283 of 94011 non-sentinel specimens tested positive for influenza viruses; 147 (51.9%) were type A and 136 (48.1%) type B. Thirty-one of the type A viruses were subtyped: 23 (74.2%) as A(H3) and 8 (25.8%) as A(H1)pdm09. Of 283 type B viruses, only 2 were ascribed to a lineage, both B/Victoria. For week 48/2020, 40 specimens from non-sentinel sources tested positive for an influenza virus: 21 influenza A and 19 B. The vast majority of virus detections during week 48 2020 (85%; 34/40) were reported from the UK (England 25, Northern Ireland 2 and Scotland 7). Since the start of the season, there have been 10 hospitalised laboratory-confirmed influenza cases reported from ICUs (9 infected with type A viruses and 1 with type B). A further three cases (all type B viruses) in wards outside ICUs have been reported with 1 fatality. See [ECDC](#) and [WHO](#) influenza surveillance reports for further information.

- Further information on influenza is available on the following websites:
 - Northern Ireland <https://www.publichealth.hscni.net/publications/influenza-weekly-surveillance-bulletin-northern-ireland-202021>
 - Europe – ECDC <http://ecdc.europa.eu/>
 - Public Health England <https://www.gov.uk/government/collections/weekly-national-flu-reports>
 - United States CDC <http://www.cdc.gov/flu/weekly/fluactivitysurv.htm>
 - Public Health Agency of Canada <http://www.phac-aspc.gc.ca/fluwatch/index-eng.php>
- Influenza case definition in Ireland <https://www.hpsc.ie/a-z/respiratory/influenza/casedefinitions/>
- COVID-19 case definition in Ireland <https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/casedefinitions/>
- Avian influenza overview May – August 2020 <https://www.ecdc.europa.eu/en/publications-data/avian-influenza-overview-may-august-2020>
- Avian influenza: EU on alert for new outbreaks <https://www.ecdc.europa.eu/en/news-events/avian-influenza-eu-alert-new-outbreaks>
- Information on COVID-19 in Ireland is available on the HPSC website <https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/>
- The WHO categorised COVID-19 as a pandemic on 11 March 2020. For more information about the situation in the WHO European Region visit:

- WHO website: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
- ECDC website: <https://www.ecdc.europa.eu/en/novel-coronavirus-china>

13. WHO recommendations on the composition of influenza virus vaccines

The WHO vaccine strain selection committee recommend that quadrivalent egg-based vaccines for use in the 2020/2021 northern hemisphere influenza season contain the following:

- an A/Guangdong-Maonan/SWL1536/2019 (H1N1)pdm09-like virus;
- an A/Hong Kong/2671/2019 (H3N2)-like virus;
- a B/Washington/02/2019 (B/Victoria lineage)-like virus; and
- a B/Phuket/3073/2013 (B/Yamagata lineage)-like virus.

https://www.who.int/influenza/vaccines/virus/recommendations/2020-21_north/en/

Further information on influenza in Ireland is available at www.hpsc.ie

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