

# Safe use of Gloves

## REMEMBER:

**GLOVES ARE NOT A SUBSTITUTE FOR HAND HYGIENE. HAND HYGIENE FIRST IN ALL CASES.**



## WHEN TO WEAR GLOVES

- When in contact with blood/bodily fluids, non-intact skin or mucous membranes.
- As required for transmission based precautions.
- When in contact with chemical hazards such as disinfectants, preserving agents or cytotoxic drugs.

## WHEN NOT TO WEAR GLOVES

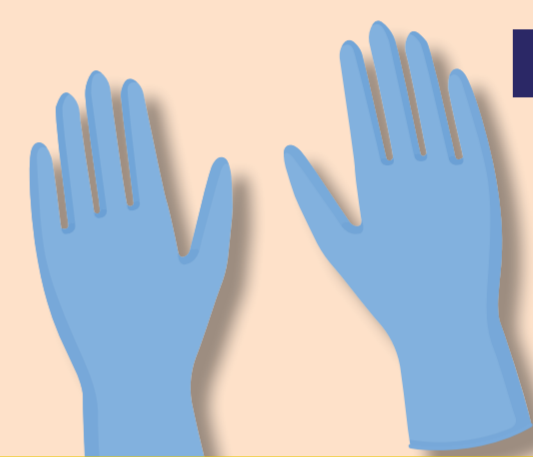
- Direct Patient Care: Taking blood pressure, temp, pulse etc.
- Indirect Patient Care: Giving oral medications, using the telephone etc.
- Where there is no potential for exposure with blood/bodily fluids or contaminated environment.
- In non-clinical settings.

## SELECT THE CORRECT GLOVES FOR THE TASK



**STERILE**

Sterile Procedures



**NON-STERILE**

Potential for contact with infectious material

## POINTS TO REMEMBER ABOUT WEARING GLOVES

### DO:

- ✓ Perform hand hygiene before putting gloves on and after taking gloves off
- ✓ Perform hand hygiene and change gloves between tasks
- ✓ Ensure hands are thoroughly dried before putting on gloves to reduce risk of dermatitis
- ✓ Make sure the gloves fit you properly



### DO NOT:

- ✗ Re-use or wash gloves
- ✗ Double-glove
- ✗ Use alcohol hand gel on gloves
- ✗ Use gloves if they are damaged or visibly soiled
- ✗ Touch your face when wearing gloves or other surfaces
- ✗ Wear the same gloves from one patient to another
- ✗ Wear gloves for a prolonged time

## REMEMBER SAFE DOFFING OF GLOVES



PEEL THE GLOVE AWAY FROM YOUR BODY, TURN IT INSIDE-OUT



HOLD THE INSIDE-OUT GLOVE IN THE OTHER HAND



SLIDE YOUR FINGERS UNDER THE WRIST OF THE OTHER GLOVE



PEEL THE GLOVE AWAY FROM YOUR BODY, TURN IT INSIDE-OUT, LEAVE THE FIRST GLOVE INSIDE THE SECOND

ENSURE HAND HYGIENE AFTER EVERY DOFFING OF GLOVES

## ...AND DISPOSE OF CORRECTLY

Dispose of gloves in the appropriate waste stream.



**RESIST**