

# Coronavirus COVID-19



## Doffing Coveralls in the context of COVID 19

**DOFFING:** if the isolation room has an ante room, the HCW can exit the isolation room and remove all PPE in the ante room. If the HCW is in a patient room or cohort area which does not have an anteroom, remove PPE prior to exit EXCEPT for the surgical face mask/respirator mask which should be removed after exit from the patient room or cohort area.

- 1** Remove gloves and dispose.



- 2** Perform hand hygiene. The coverall thumb loop will still be in position, so proper hand hygiene will not be feasible.



- 3** Put on a new pair of gloves to complete the doffing process.



- 4** If wearing face shield remove now.



- 5** Grasp the outer edges of the hood and lift it up and off the head.



- 6** Remove the coverall- Unzip the coveralls by tilting your head back, slide your fingers up to reach the top of the zipper, holding the zip taut, unzip completely without touching any skin or clothing.

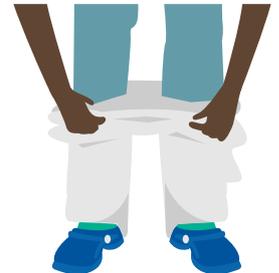
- A.** Free your shoulders



- B.** Remove your arms from the coveralls by keeping them behind your back and pulling each arm out of the sleeves, remove the gloves from each hand at the same time.



- C.** Place hands inside coverall and roll the coverall, from the waist down to the footwear. Sit down and step out of the coverall.



- D.** Roll the used coverall into a ball, taking care not to touch the outside of the coverall. Discard the coverall into the healthcare risk waste bin.

Remember – only touch the inside of the coverall

- 7** Remove Goggles if wearing.



If in the patient room or cohort area, you will need to exit to the corridor to remove your mask.

- 8** Remove Respirator or Surgical Facemask. Lean forward slightly, grasp the ties /straps from the top of the head and gently pull off the facemask. Do not touch the front of the mask. If the mask has ear loops- lean forward and grasp the loop from each earlobe and take off and discard.



- 9** Perform hand hygiene.

