

## Sample checklist for insertion of an indwelling catheter

Patient Name:	Medical record number:	Date catheter inserted:	
Alternatives to indwelling catheterisation considered and the need for catheterisation outweighs possible complications.			Yes No
The clinical reason for insertion is specified and documented. Clinical reason for insertion (select one). <ul style="list-style-type: none"> <li>• The clinical team need to closely monitor urinary output (haemodynamic monitoring).</li> <li>• The patient cannot <b>sufficiently</b> empty his/her bladder (bladder outlet obstruction).</li> <li>• During prolonged surgical procedures with general or spinal anaesthesia.</li> <li>• During regional analgesia for labour or delivery.</li> <li>• The patient has open wounds or pressure sores around the buttocks that are frequently soiled/contaminated with urine.</li> <li>• Patient comfort during end of life care.</li> <li>• To assist in achieving patient immobilisation (e.g., unstable thoracic or lumbar spine or pelvic fractures).</li> <li>• To allow instillation of drugs.</li> </ul> State the reason for catheterisation if not listed above: _____			Yes No
The operator has been deemed competent in performing this procedure, or the procedure is being performed under the supervision of a competent person.			Yes No
The operator has explained the need for a urinary catheter, and the potential complications to the patient, and gained the patient's consent.			Yes No
The operator (± supervisor) removed jewellery, put on a clean plastic apron, performed antiseptic hand hygiene and donned sterile gloves.			Yes No
The smallest gauge for effective drainage has been selected: <b>state size;</b> _____			Yes No
<b>State size of balloon; _____mls, and amount of sterile water inserted into balloon _____mls.</b>			Yes No
Prior to commencing: The procedure process was explained to the patient and the patient was reassured.			Yes No
The urethral meatus was cleaned with sterile saline or sterile water.			Yes No
The catheter and urethra was lubricated with sterile lubricant.			Yes No
Urine was allowed to drain before balloon was inflated.			Yes No
The catheter was connected aseptically to a sterile drainage bag.			Yes No
The catheter is positioned below the level of the bladder on a clean stand that prevents any part of the catheter drainage system coming into contact with the floor.			Yes No
<b>Name of Operator:</b>		<b>Name of Observer (if present):</b>	

Adapted with permission from the urinary care bundle produced by Health Protection Scotland.