Quality Improvement

What? Why? How?











Define Quality & Quality Improvement

What is Quality Care

- Person centred Do we listen to what matters to patients?
 Safe Do we harm patients?
- **Effective** Do we give the right treatment every time all the time? 3.
- **Equitable** Are our services and outcomes equal for all? **Timely** Is there good access to are service? 4. 5.
- Efficient Do we provide value?
 Institute Medicine

Quality assurance (QA)

- Assesses compliance against certain predefined standards .
- . Retrospective

Quality improvement (QI) .

- Data driven continuous improvement BAU
- Proactive everyday

QI – Why?



Here is Edward Bear coming downstairs now, **bump**, **bump**, **bump**, on the back of his head, behind Christopher Robin.

It is, as far as he knows, the only way of coming downstairs, but sometimes he feels that there really is another way...if only he could stop bumping for a moment and think of it!

A. A. Milne The opening paragraph of Winnie-the-Pooh

Discuss: "How to we guarantee that <u>nobody is</u> <u>engaged</u> in quality improvement, and all attempts at improvement fail?.....!!!! = (TRIZ)



TRIZ

- теория решения изобретательских задач — Teoriya Resheniya Izobretatelskikh Zadach
 - "theory of the resolution of invention-related tasks"
- How do we design the exact opposite of what we are trying to achieve?



TRIZ Steps

- 1. "SMART" aim based on the opposite of what you are trying to improve
- 2. Brainstorm and list ideas/actions
- 3. Identify what ideas/actions occur in reality, at least some of the time
- 4. For each idea/action that occurs in reality:
 - 1. Ask: "Is there someone here who can improve this today?" or
 - 2. Label each item as:
 - 1. "C" (we can control this)
 - 2. "I" (we can influence this) or
 - 3. "X" (we can neither control nor influence this)

Discuss: How to we guarantee that <u>nobody is engaged</u> in quality improvement, and all attempts at improvement fail?



Why engage with QI?

- 1. Career
- 2. Community
- 3. Cause

Examples of Staff engagement







Agreement/Certainty Matrix

"If I had an hour to solve a problem, and my life depended on the solution, I would spend the first 55 minutes determining the proper question to ask"



•

Albert Einstein







	SIMPLE	COMPLICATED	COMPLEX	CHAOTIC
nt Challenges	Following a Recipe	Sending a Rocket to the	Raising a Child	"Pinning the Tail On
		Moon		The Donkey"
		See.		Show Show Show Show Show Show Show Show
	The recipe is essential	Rigid protocols or	Protocols rarely help;	Rigid protocols may be
		formulas are necessary	launch experiments to	counter-productive or
			see what works	misdirect responses
	Recipes are tested to	Sending one rocket	Raising one child	Experience may help or
e	assure easy replication	increases assurance of	provides experience	hinder finding what
Management	of success	future success; key elements are identical	but no assurance of	works to diagnose & abate the crisis
	No montion dan annumbian		future success	
	No particular expertise is required (cooking skill can improve the success rate)	High levels of expertise in a variety of fields are necessary for success	Expertise can contribute but is neither necessary nor sufficient to assure success	Rapid action & improvising skills, plus unleashing a network of local on-the-ground know-how can help
Source: Professors	Recipes produce	Rockets are similar and	Every child is a unique	As unknowables recede,
	standardized,	there is a high degree	individual with	novel patterns may
Ralph Stacey and Brenda Zimmerman	predictable results	of outcome	unpredictable	emerge
(York University)	every time	predictability	"outcomes"	

Strategies for complex systems

- Act and learn at the same time
- Work with paradoxes
- Generative relationships
- Nibble away at the problem
- Minimum specifications
- Simple rules
- Fail forward
- Build on what grows (+ve attractors)

Adapted from M Gardam, University of Toronto

Minimum Specifications: How did you get here today?



Min Specs

- 1. Generate a list of "must do" or "must have" actions or requirements ("Max Specs") for a successful and sustained quality improvement programme in your work setting
 - 1. Alone x 1 min, then
 - 2. Group x 4 min

Min Specs

- 2. For each item on the list, ask the following question:
 - "If we broke or ignored this rule, could we still achieve our purpose?"
 - Can you viololate this requirement, and still achieve your purpose?
 - If "yes", it's not a minimum specification
- Group discussion x 5 min
- Whole group sharing x 5 min















Entry points to QI Community

- Ouality Improvement Division (HSE)
 RCSI
 RCPI
 IHI

- ISQA QI/Patient Safety Conferences .
- Self Education

