

## APPENDIX 8 - CONTACT RESTRICTIONS

### Non Health Care Worker

Exposure Risk Category	Movement Restriction	Work and Social activity Restriction
<b>High Risk</b>	<p>Should not travel outside the Republic of Ireland, as per WHO advice</p> <p>Remain reachable during the active monitoring period.</p> <p>Discuss travel within Ireland with PHD/OHS and advise them of their location so that arrangements can be put in place to continue active daily monitoring and to provide support to access healthcare if become symptomatic or as required</p>	<p>Generally no work restrictions or restrictions in social activities, but this should be assessed on a case by case basis.</p> <p>Defer blood donation for at least 2 months from date of last exposure to EVD.</p>
<b>Low risk</b>	<p>Generally no travel restrictions, but this should be assessed on a case by case basis.</p> <p>Remain reachable during monitoring period.</p>	<p>No work restrictions or restrictions in social activities</p> <p>Defer blood donation for at least 2 months from date of last exposure to EVD.</p>

### Health Care Worker \*

Exposure Risk Category	Movement Restriction	Work and Social activity Restriction
<b>High risk</b>	<p>Should not travel outside the Republic of Ireland, as per WHO advice</p> <p>Remain reachable during the active monitoring period.</p> <p>Discuss travel within Ireland with PHD/OHS and advise them of their location so that arrangements can be put in place to continue active daily monitoring and to provide support to access healthcare if become symptomatic or as required.</p>	<p>Can attend office-based work.</p> <p>No clinical care or work in patient care areas.</p> <p>Generally no restrictions in social activities, but this should be assessed on a case by case basis, depending on level of exposure.</p> <p>Defer blood donation for at least 2 months from date of last exposure to EVD.</p>
<b>Low risk</b>	<p>Generally no travel restrictions, but this should be assessed on a case by case basis.</p> <p>Should remain reachable during the active monitoring period.</p> <p>Discuss travel within Ireland with PHD/OHS and advise them of their location so that arrangements can be put in place to continue active daily monitoring and to provide support to access healthcare if become symptomatic or as required</p>	<p>No work restrictions.</p> <p>No restrictions in social activities</p> <p>Defer blood donation for at least 2 months from date of last exposure to EVD.</p>

\* HCW contacts of a case in Ireland will be managed by their hospital's Occupational Health Service