|  |  |  |
| --- | --- | --- |
| **Day** | **Date** | **Activity History For 21 Days Before Rash Onset**  **and 6 Days After Rash Onset Day** |
| **Day -21** |  |  |
| **Day -20** |  |  |
| **Day – 19** |  |  |
| **Day - 18** |  |  |
| **Day – 17** |  |  |
| **Day – 16** |  |  |
| **Day - 15** |  |  |
| **Day – 14** |  |  |
| **Day - 13** |  |  |
| **Day – 12** |  |  |
| **Day – 11** |  |  |
| **Day – 10** |  |  |
| **Day – 9** |  |  |
| **Day - 8** |  |  |
| **Day –7** |  |  |
| **Day – 6** |  |  |
| **Day – 5** |  |  |
| **Day – 4** |  |  |
| **Day – 3** |  |  |
| **Day – 2** |  |  |
| **Day – 1** |  |  |
| **Day – 0 Rash Onset** |  |  |
| **Day +1** |  |  |
| **Day +2** |  |  |
| **Day +3** |  |  |
| **Day +4** |  |  |
| **Day +5** |  |  |
| **Day +6**  **Exposure period ; Infectious period measles  /rubella** |  |  |

**Period when likely exposure occurred**

** Measles:**  incubation period from exposure to rash onset normally 14 days (range 7-21 days)

** Rubella:**  incubation period 14 -17 days (range 14-21 days)

**Period when likely infectious**

**Measles:**  usually 4 days before rash onset until 4 days after (minimal after 2nd day)

**Rubella: ~** 1 week before to at least 4 days after rash onset (in infants with CRS can shed virus up to 1 year)

**Completed by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date completion \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Additional comments:**

**Rationale for form**

**Purpose:** to identify likely source/venue for measles or rubella infection and opportunities to transmit while infectious for the purpose of raising awareness and linking cases without previously identified epi-links. This should be filled out for all confirmed measles and rubella cases

**How to complete:** this form can also be sent out to individual/parent with stamped addressed envelope for return to public health or can be completed at time of case investigation contact (public health contacts case) details on where case went during the above time is important. Including, shopping, church, play recreation and type of travel (bus, train, shared car). All places should be specified by name.