

Personal Protective Equipment (PPE)

Adapted for MERS-CoV and Influenza A(H7N9)

Correct sequence for putting on and removing PPE to prevent contamination of the face, mucous membranes and clothing.

Putting on PPE

1. Decontaminate hands
2. Put on disposable apron/gown
3. Put on surgical mask or FFP2/3 respirator* as indicated

For FFP2 or FFP3 respirators:

Fit Check

- A. Place mask over nose, mouth and chin
- B. Fit flexible nose piece over nose bridge
- C. Secure on head with elastic
- D. Adjust to fit
- E. Inhale – mask should collapse
- F. Exhale – check for leakage around face



4. Put on goggles/eye protection (If goggles fog up, the respirator is not fitted correctly, adjust and repeat fit check)
5. Put on gloves

Removing PPE

**In
patient's
room**

1. Remove gloves (avoid touching the outside of the gloves)
2. Decontaminate hands
3. Remove goggles
4. Remove gown or apron (avoid touching the front of the gown/apron)



**In ante room
or
directly
outside pa-
tient's room.
Ensure door
is closed**

5. Remove mask/respirator by breaking the ties. If ties are elastic grasp and lift ties from behind your head and pull off mask/respirator away from your face. Avoid touching the front of the mask/respirator & use ties to discard



6. Discard all masks/respirators (& gloves/aprons/gowns/goggles contaminated with blood or body fluids) as healthcare risk waste
7. Decontaminate your hands

*An FFP2/3 respirator is the same as an FFP2/3